

Benefits of

Community Gardens

- A catalyst for neighborhood and community development
- A source for local, fresh food
- Stimulates Social Interaction
 - Encourages Self-Reliance
 - Beautifies Neighborhoods
 - Produces Nutritious Food
- Reduces Family Food Budgets
 - Conserves Resources
 - Creates opportunity for recreation, exercise, therapy, and education
 - Reduces Crime
 - Preserves Green Space
- Creates income opportunities and economic development
- Provides opportunities for intergenerational and cross-cultural connections

A Community Garden Can Be...

- ☀ Any Piece Of Land Gardened By A Group Of People
- ☀ Urban, Suburban, Or Rural
- ☀ One Community Plot or Many Individual Plots
- ☀ Multi-Generational: Youth, Adults And Seniors Gardening Together
- ☀ A Series Of Plots Dedicated To "Urban Agriculture" Where The Produce Is Grown For A Market.

For information about

Community Gardens of Michiana

www.sbcg.org

sbgardens@yahoo.com



Community Gardens
of Michiana

Community Gardens of Michiana provides gardening and educational opportunities that help connect people to each other and to the natural world.

The Unity Gardens

We're growing community; sprouting seeds of sharing.
What would happen if we all worked together during these tough economic times to provide healthy food to all who need it? What is we could feed our hungry so they could concentrate on higher human needs? What if our incarcerated or recovering brothers and sisters could assist others in their journey to better health and independence, as only those who have "been there" can? What if we bring together diverse people in Michiana with the common goal of providing healthy, free food to those who desire it? Could we all benefit from the growth?

Garden Workshops in 2009

A variety of garden education events will be taking place at many of the gardens during the 2009 season. From starting seeds to harvesting and preparing goods from the garden, there will be many opportunities to learn. Check the [website](#) or contact any of the [garden coordinators](#) for more information

Gardens, Locations and Contacts

- **The Unity Garden at LaSalle Square; Ardmore and Praist**
Melissa Murawski - melmurawski17@sbcglobal.net (574) 232-3529
Linda Hopkins - southbendlindah@aol.com (574) 226-6494
- **The Unity Garden at Monroe Park in South Bend, South & Carroll Street**
Karen Coman - jmikeandkaren@sbcglobal.net (574) 329-9410
- **Ric's Garden of Hope: Broadway United Methodist Church**
Pastor Nancy Nichols - bcppastor@sbcglobal.net (574) 289-0333
- **The Butternut Squash Unity Garden; 802 S. Kaley St. 46619**
Judith Rubleske - jrube@michiana.org or JRUBLESKE@memorialsb.org (574) 288-1386
- **The Unity Garden at The Salvation Army; Chapin & Western Ave. (303 Chapin St.)**
Liz Fallon - liz_fallon@usc.salvationarmy.org (574) 233-9471 x103
- **The Mishawaka Salvation Army Unity Garden at 12th and Dodge Street**
Liz Fallon - liz_fallon@usc.salvationarmy.org (574) 233-9471 x103
- **The Unity Garden at Our Lady of the Road - Catholic Worker Laundry & Cafe; 744 S. Main St**
Aimee Shelde - aimee.shelide@gmail.com (615) 426-6047
Margaret Pfiel - Mpfeil1@nd.edu (574) 520-7745
- **The Garden of Saint Therese; Holy Trinity Church 914 N Olive St.**
Ruth Wivell - ruth.wivell@gmail.com (574) 289-9571
- **The Lakeville Unity Garden and Farmer's Market; Mangus & Patterson (in 2010)**
Charlotte Wolfe - wolfecp@wildblue.net (574) 291-9943
- **The Community Garden sponsored by the Junior League of South Bend - Center for the Homeless**
Angela Willson - AWillson@cfh.net (574) 282-8710
Stephanie Brauer - sbrauer@cfh.net
- **The Greenhouse Community Garden; Potawatomi Greenhouse, 2105 Mishawaka Ave, South Bend**
Krista Bailey - sbgardens@yahoo.com (574) 233-1055
- **The Oaks at SouthPaw Community Garden; 16323 Roosevelt Road near 331**
Carol Laidig - claidig@oaksatsouthpaw.com (574) 633-4326